



Mt. Jackson/New Market Little League

Safety Manual
For all

Managers and Coaches 2024
Baseball/Softball Season *Play*
Hard-Play Safe

League ID Number: **346-03-15**



Safety Code

"Dedicated to injury prevention"

Responsibility for safety procedures should be that of an adult member of MJNM Little League.

Arrangements should be made in advance of all games and practices for emergency medical services.

First aid kits are issued to each team manager and are available in the press box.

No games or practices should be held when weather or field conditions are not good, particularly when lighting is inadequate.

Play area should be inspected frequently for holes, damage, rocks, glass and other foreign objects.

All team equipment should be stored within the dugout or behind screens and not within the area defined by umpires as "in play."

Only players, managers, coaches and umpires are permitted on the playing field or in the dugout during games and practice sessions.



Responsibility for keeping bats and loose equipment off the field of play should be that of a player assigned for this purpose or the team's manager or coaches.

Procedure should be established for retrieving foul balls batted out of the playing area.

During practice and games, all players should be alert and watching the batter on each pitch.

During warm-up drills, players should be spaced so that no one is endangered by wild throws or missed catches.

All pre-game warm-ups should be within the confines of the playing field and not in areas that are frequented by spectators.

Equipment should be inspected regularly for the condition of the equipment as well as proper fit.

Batters must wear Little League approved protective helmets during batting practice and games.

Catcher must wear catcher's helmet, mask, throat guard, long model chest protector, shin guards and protective cup with athletic supporter at all times (male) for practices and games. NO EXCEPTIONS!

Managers should enforce that all male players wear protective cups and supporters for practices and games. Managers should recommend that mouth guards and face guards be worn for practices and games.

Head first slides are not permitted except when a runner is returning to a base.

During sliding practice, bases should not be strapped down or anchored.

At no time should "horseplay" be permitted on the playing field or in the dugouts.

Parents and children who wear glasses should be encouraged to provide "safety glasses."



Players should not wear watches, rings, pins or metallic items during games and practices.

Managers and Coaches should make sure proper equipment is worn at all games and practices.

The catcher must wear all protective equipment when warming up pitchers.

On deck batters are not permitted (except in Junior Division)

Part of the Annual League's budget is used for safety issues. The amount varies per year based on needed items and funding availability.

All Little League rules should be enforced at all games and practices.

Clinic and Training

A Basic First Aid and Safety training class will be completed prior to April 1, 2024. Dates will be determined at a later date. At least 1 manager or coach per team will be required to attend or present an up to date Basic First Aid or CPR class prior to the beginning of practices for the 2024 season.

A Fundamentals training class will be completed by a coach or manager from each team prior to March 12, 2024 to include hitting, sliding, fielding, pitching, etc.

Some Important Do's and Do Not's

DO:

Reassure and aid children who are injured, frightened or lost.

Provide or assist in obtaining medical attention for those who require it. –Know your limitations.



Carry your First Aid Kit to all games and practices. Contact the Safety Officer to replenish any first aid supplies that are used and to report any injuries. **Be aware of where the AED is stored at home games.**

LOOK for signs or injury.

Make arrangements to have a cellular phone available when your game or practice is at a facility that does not have a public phone.

Know who to call for an emergency – 911.

Have player's parental contact information with you at all practices and games. The information is found in your coaches manuals.

Be aware if a player on your team has an allergy (such as allergic to bees) or medical condition (such as asthma) that would require an immediate specific intervention. Be aware of the proper steps needed to help that child receive necessary medical attention.

Inspect all equipment prior to practices/games for safety. Notify Safety Officer, Equipment Coordinator and President of any issues or replacement equipment needed.

Do Not:

Administer any medications.

Provide any food or beverage (except water).

Hesitate giving first aid when needed.

Be afraid to ask for help if you're not sure of the proper procedure.

Transport injured individuals except in extreme emergencies.

Leave an unattended child at a practice or a game.

Hesitate to report any present or potential safety hazard to the Safety Officer immediately.



ACCIDENT REPORTING PROCEDURE

What to report – An incident that causes any player, manager, coach, umpire or volunteer to receive medical treatment and/or first aid must be reported to the Safety Officer.

When to report – All such incidents described above must be reported to the Safety Officer within 24 hours of the incident. The Safety Officer for 2023 is Seth Good, he can be reached at the following: (540) 481-1658 cell or email sagood518@yahoo.com.

How to make a report – Reporting incidents can come in a variety of forms. Most typically, they are a telephone conversation or sent in an email. The following information should be provided:

1. The name and phone number of the individual involved. Provide parent information, if the individual, if the individual is a minor. A written report from the coach.
2. The date, time and location of the incident.
3. A detailed description of the incident.
4. A preliminary estimation as to the extent of the injuries.
5. The name and phone number of the person reporting the incident.

Safety Officer Responsibilities

Within 48 hours of receiving the incident report, the Safety Officer will contact the injured party or the parents.

1. Verify the information received.
2. Obtain any other information deemed necessary



3. Check on the status of the injured party.
4. In the event that the injured party required other medical treatment, the Safety Officer will advise the parent or guardian of the Mt. Jackson/New Market Little League's Insurance coverage and the provisions for submitting any claims.

If the extent of the injuries is more than minor in nature, the Safety Officer shall periodically call the injured party to check on the status of any injuries. The Safety Officer will also offer assistance in areas such as submission of insurance forms, etc. until such time as the incident is considered "closed" (i.e., no further claims are expected and/or the individual is participating in the league again).

-File a copy of the Safety Plan with Little League International; send a copy to the District 3 Representative (Mike Thompson), copy to be kept by Safety Officer, copy to be kept in press box at field for access by coaches, board members, volunteers, etc.

Mt. Jackson/New Market Little League

Phone Numbers

Jason Miller (President) (540) 325-6262

Seth Good (Safety) (540) 481-1658

Officer

Public Safety Contact Numbers: Fire /Rescue /Police

*Mt. Jackson Police Dept.	911
*Mt. Jackson Rescue and Fire Dept.	911
*New Market Police Dept.	911
*New Market Fire and Rescue Dept.	911

Board of Directors/Officers

President	Jason Miller	(540) 325-6262
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Vice President



Seth Coffman



(540) 333-0689

Secretary

Matt Hinkle

(540) 325-5652

Treasurer

Tara Brinkley

(540) 560-1404

League Safety Officer

Seth Good

(540) 481-1658

Player Agent (Baseball)

Malfred Shaw

(916) 730-5849

Player Agent (Softball)

Sam Weatherholtz

(540) 271-3716

Umpire-In-Chief

Seth Coffman

(540)-333-0689

Members at Large:

Will Gangwer, Mary-Hope Vass, Joe Weaver, Kara Osborne, Monica Clinedinst

All Little League volunteers must fill out the Little League Volunteer Application Form. All managers, board members coaches and volunteers are required to have a criminal background check.

Clean Hands for Clean Food

Since the staff at concession stands may not be professional food workers, it is important that they be thoroughly instructed in the proper method of washing hands. The following may serve as a guide:

- Use soap and warm water
- Rub your hands vigorously as you wash them



- Wash all surfaces including the backs of hands, wrists, between fingers and under fingernails
 - Rinse your hands well
 - Dry hands with a paper towel
- Turn off the water using the paper towel, instead of your bare hands
- When in doubt, look to the “Proper hand washing” poster in the concession stand

Wash your hands in this fashion before you begin work and frequently during the day, especially after performing any of these activities:

After touching bare human body parts other than clean hands and clean exposed portions of the arms.

After using the restroom.

After caring for or handling animals.

After coughing, sneezing, using a handkerchief or disposable tissue.

After handling soiled surfaces, equipment or utensils.

After drinking, using tobacco or eating.

During food preparation, as often as necessary to remove soil and contamination and to prevent cross contamination when changing tasks.

When switching between working with raw food and working with ready to eat food.

Directly before touching ready-to-eat foods or food contact surfaces.

After engaging in activities that contaminate hands.

A copy of this handbook should be given to all coaches and managers. A copy shall be posted in the concession and press box area at all fields.

A copy of the Little League Facility Survey must be posted in the press box area at all fields.



Mt. Jackson/New Market Little League Code of Conduct

Speed Limit 5 mph in roadways and parking lots while attending any Mount Jackson/New Market Little League function.

Watch for small children around parked cars.

No alcohol allowed in any parking lot, field or common area within Mount Jackson/New Market Little League Fields/Parks or at any function.

No playing in parking lots at any time.

No profanity, please.

No throwing rocks.

No horseplay.

No climbing fences.

Only a player on the field or in the batting cage area may swing a bat. Be alert of area around you.

Be alert at all times for foul balls and errant throws.

During the game players must remain in dugout area.

After each game, each team must clean up trash in the dugout and around the stands.

All gates to the fields must remain closed at all times. After players have entered or left the playing field, gates should be closed and secured.

No children under the age of 16 in the concession stand or press box without adult supervision.

Parents are required to sign Code of Conduct forms at time of registration. Parents are reminded of the Code of Conduct at the yearly Parent – Meet the Coach Meeting. This year that will be February 28, 2024 for all divisions.



We keep safety first. Failure to comply with the above may result in expulsion from the Mount Jackson/New Market Little League Fields.

Storage Shed Procedures:

The following applies to all storage sheds used by the Mount Jackson/New Market Little League and anyone has been issued a key to these sheds.

- All individuals with keys are aware of their responsibilities for the orderly and safe storage of rakes, shovels, bases, etc.
- Before you use any machinery in the shed (lawn mowers, lights, scoreboards, pitching machines, PA systems, etc.) please read written operating instructions for that equipment.
- All chemicals or organic materials shall be properly marked and labels as to its contents.
- All witnessed "loose" chemicals within these sheds should be cleaned up and disposed of as soon as possible to prevent accidental poisoning.

Lightening Facts:

The ultimate truth about lightening is that it is unpredictable and cannot be prevented. It is important for a manager, coach or umpire who feels threatened by an approaching storm to stop playing and get the kids to safety. When in doubt, the following rule of thumb should apply:

When you hear it – clear it!



When you see it – flee it!

Where to go?

No place is absolutely safe from the threat of lightning, but some places are safer than others. Large enclosed shelters are the safest, like the press box and concession stands. The safest place to be is in your car with the windows rolled up.

Where not to go?

Avoid high places and open fields, isolated trees, unprotected gazebos, rain or picnic shelters, dugouts, flagpoles, light poles, bleachers, metal fences and water.

Information for Coaches/Managers:

Read your Rule Book, Local League Rules and all information included in your Manager's packet. This is extremely important. If you have any questions about any rules, please do not hesitate to call someone and ask. Some rules may seem unclear, again, it is better to ask than to get into a situation and not know the rules.

Managers and coaches are encouraged to umpire at least two games. This seems to prevent the next two items from becoming an issue. Managers and coaches who also umpire understand what it's like to be on both sides of the playing field.

1. **DO NOT ARGUE** with the umpire about a judgment call. If there is a question about a rule, ask the umpire. In the case of pure judgment, no comment should be made.
2. Managers and coaches are expected to treat the umpires with the utmost respect and are expected to make sure that their players and parents do the same. Please remember that umpires are advised to have little tolerance with the managers, coaches, players and/or parents. At their discretion, the umpires may have any individual removed from the park.

A regulation game consists of six innings, unless extended because of a tie score or shortened because the home team does not need to play its half of the inning or only a



fraction of it. Secondly, because the umpire calls the game. (This rule does not apply to T-ball or Farm League games.)

If the score is tied after six complete innings play shall continue until the visiting team has scored more total runs than the home team at the of the completed inning or the home team scored the winning run in an incomplete inning.

If the game is called, it is regulation if: four innings have been completed, or if the home team has scored more runs in the three or three and a fraction half-innings than the visiting team has scored in four complete half-innings.

If a game is called before it has become a regulation game, but after one or more innings have been played, it shall be resumed exactly where it left off. All records, including pitching, shall be counted.

Tee-ball Division: NO score shall be kept and the scoreboard should NOT be used. Will introduce coach pitch T-ball. The first five pitches to the player will be delivered by the coach. If the player does not hit the ball during those five pitches, then the player will hit from the tee. Reduce impact balls should be used for this division.

Farm League Division: All games will be scheduled a 1 ½ hour time limit. There will be no bunting or stealing of bases allowed. Each team will share their line up with the opposing team before the start of the game. Each half inning will end with either 5 runs, 3 outs, or the team has batted their line-up.

Minor League Division Baseball: All games will be scheduled a 2 hour time limit.

Instructional Division Softball: All games will be scheduled a 1 ½ hour time limit. There will be no bunting or stealing of bases allowed. Each team will share their line up with opposing team before the start of the game. Each half inning will end with either 5 runs, 3 outs, or the team has batted their line-up. Coach pitch will be utilized in this division.

Minor Softball Division: All games will be scheduled a 2 hour time limit. The unlimited run rule can only be utilized in the last inning or the 6th inning. If a situation arises that the game is not going to reach the 6th inning, then the 4th and 5th innings cannot be declared the last inning for the purpose of using the unlimited runs rule.

If you have any questions about the eligibility of a pitcher this should be brought to the attention of the umpire and the opposing manager before the game when possible. This prevents protest.



No game shall be considered a forfeit unless approved by the Board of Directors. Do not assume that because you didn't play a game it will be a forfeit.

Please try to play games as scheduled and not postpone due to personal circumstances. When a game is postponed for whatever reason, it is up to the managers to contact their respective leagues' schedulers. Coaches/managers must check with the league officials and schedules for field availability for rescheduling a missed game. The schedulers will reschedule the games and notify the coaches and umpires. It is also the Home Team's responsibility to contact the chairperson of the concession stand and notify them of the change.

Managers and coaches children may be protected in the appropriate draft round.

You may not protect a child if their parent is not an approved manager or coach on your team.

Any player request, such as "Johnny only wants to play for Mr. Smith's team" will be noted. A request is completely up to the managers within the division whether or not the request is honored. Any other manager within that division will have just as much right to pick "Johnny as Mr. Smith" does.

Any team who has a returning player and said player has a sibling in the draft, you must choose that sibling within the first three draft rounds. If that sibling is not chosen in the first three rounds, any manager within the division may choose them.

All player registration data and rosters, as well as coach and manager data, will be submitted electronically to Little League International via the Little League Data Center once teams are formed.

Pay close attention to all new pitching rules for all divisions of play.

Pay close attention to all new bat regulations and rules to ensure that the bats being used for a game legally comply with the changes of the current year.

Make sure players get needed playing time early in case of shortened games.

Coaches/Managers Responsibilities:



HOME TEAM: Staffing the concession stand as well as clean up. Field preparation with lime or paint and setting up and taking down the pitching machine and bases. Walk fields checking for hazards before each practice/game. Report any issues to the Safety Officer and President.

VISITING TEAM: Raking the field for the next game at the close of each game. Staff the announcer/scoreboard area.

If you are hosting an inter-league team, then the MJNM team is responsible for all the above duties.

Each coach will pick a Team Parent. The Team Parent will be a liaison between the board/coach and the parents. This person is not a coach or assistant coach. The Team Parent will attend a yearly orientation meeting and receive a Team Patent Folder filled with information about that team including explanation of role, board member contacts, accident forms, etc.

The coaches/managers and team parent will assign parents to the above duties as needed. Please note that no one 16 years of age or younger is to be in the concession stand and/or press without adult supervision.

Mount Jackson/New Market Little League

Safety Practices and Principles

Responsibilities for safety procedures should be that of an adult member of the MJNM Little League.

Emergency medical services may be obtained by calling 911 or MJ/NM Rescue and Fire Departments for non-emergency issues. Telephone numbers are posted in the field concession stands.

Managers, coaches and umpires should have training in first aid. First aid kits are located at each concession stand and each coach/manager is responsible to carry their assigned first aid kits with them to all practices and games. Accident forms with, Safety Officer contact information, are placed in every first-aid kit.



Any player suspected of sustaining a concussion must be removed from play immediately, the safety officer must be notified. The player may not return until evaluated by a licensed health care provider and given written clearance to return to activities.

No games or practices should be held when weather or field conditions are not good, particularly when lightening or storming.

All team equipment should be stored within the team dugout, or behind screens, and not within the area defined by umpires as “in play.”

Only players, managers, coaches are permitted on the playing field or in the dugout during games and practice sessions.

Responsibility for keeping Bats and loose equipment off the field of play should be that of a player assigned for this purpose or the team’s coaches/managers.

During practices and games, all players should be alert and watching the batter on each pitch.

No horseplay shall be allowed on the playing field or in the dugouts.

During warm-up drills players should be spaced so that no one is endangered by wild throws or missed catches.

All pre-game warm-ups should be performed within the confines of the playing field and not within the area that are frequented by or that could endanger spectators (i.e. playing catch, pepper, swinging bats, etc.)

Equipment should be inspected regularly for the condition of the equipment as well as for proper fit.

Batters must wear Little League approved protective helmets during practice and games.

Equipment safety issues should immediately be reported to the League Safety Officer and Equipment Manager.

An annual facility inspection will be conducted of all locations to identify and correct facility concerns that may impact safety. This survey information will be forwarded annually to Little League International.

Posters from the ASAP Little League Website are printed, laminated and posted at all fields to promote and provide continuous safety messages to players, coaches, visitors,



and parents. Information is not limited to Danger – Foul Ball Area, If you see it – Flee it. If you hear it – clear it, Keep it Clean, Coach please let players catch, Drinking guidelines for hot day activities, Make sure they are safe – catchers must wear helmets for warm-ups and practice, Don't Swing It, Hey Coach – Have You?

Communicable Disease Procedures:

1. Bleeding must be stopped first and the open wound covered with proper first aid bandage. If there is blood or bodily fluid on it, the uniform must be changed before the athlete may continue playing.
2. Routinely use latex-free exam gloves to prevent mucous membrane exposure when contact with blood or other body fluids are anticipated. Exam gloves are provided in the first-aid kits.
3. Immediately wash hands after providing any type of first aid to anyone.
4. Clean all blood contaminated surfaces and equipment.
5. Managers, coaches, players and volunteers with open wounds should refrain from all direct contact until the condition is resolved.
6. Follow accepted guidelines in the immediate control of bleeding and disposal of bloody dressings, mouth guards and other particles containing body fluid.

Tobacco:

The use of tobacco should be avoided at all costs while you (coach) are with your team. Tobacco includes cigarettes, E cigarettes, cigars, smoking a pipe, dip and chew.

Don't:

Don't use tobacco during the following

- Practices
- Games
- Review discussions with your team



Affects:

The use of tobacco has the following affects:

- Causes cancer to the lungs, lips, gums, mouth and throat
- Health hazard for you and the players
- Addictive
- Second hand smoke can cause cancer
- Will set a bad example to the players

Coaches are role models and teachers to the players. The examples that are demonstrated to the players can have a life-long effect upon them. If you have the urge to use tobacco during a practice, game or a review discussion with the team, the Board of Directors recommend that you chew gum or mints.

We as a Board cannot stop you from the use of tobacco; however, we are telling you not to use tobacco while you are with your team.

Drugs and Alcohol:

The use of drugs and alcohol needs to be discussed with the players and how the players can be influenced.

Drugs:

Children need to know that drugs are addictive and that they can and will have damaging effects on the mind and body.

- Drugs affect your way of thinking and body mechanics.
- Drugs affect the way you treat and associate with players and friends.
- Drugs affect the way you respond to people with authority.
- Drugs are addictive and unhealthy.
- Drugs are not to be taken, under any circumstances. PERIOD.



What the child should avoid in reference to drugs:

- Your friend or classmate asking you to try smoking some grass or to try a foreign substance.
- People coming to you and asking you to buy drugs.

What are the player's options if they are approached by drug pusher or friend pushing you to take drugs?

- Just say "NO"
- Report the incident to their parent and have parents report the incident to the police.
- Report the incident to the Manager/Coaches if incident happens at a practice or game. The coach/manager shall report the information to the police with as much possible information that can be safely gained.

Alcohol:

Coaches are role models and teachers. That is the major reason why use of alcohol should be avoided. It is the coach's job and responsibility to arrive at practices and games without a hint of alcoholic use. It is the coach's responsibility to explain to the players that the use of alcohol is addictive and that it can lead to alcoholism.

Affects:

Children need to know that alcohol does affect the body and the mind.

- Alcohol affects your way of thinking and your mechanics.
- Alcohol affects the way you treat and associate with players and friends.
- Alcohol affects the way you respond to people with authority.
- Alcohol is addictive and unhealthy.
- Alcohol is not to be taken, PERIOD.



If you have a hint of alcohol on you, do not come to a practice or game. If you are the manager call your coaching staff and explain to them the issue. Let your coaching staff run the practice or manage the game. If you are a coach, notify the team manager that you will not be at the practice or the game.

If a member of the coaching staff is reported to the Board of Directors for having a hint of alcohol, the incident will be reviewed and disciplinary action will be taken.



Child Abuse/Protection:

Protection for children is much more than helmets, shin guards, and other equipment. It includes other means to insure that our children are not placed in a potentially dangerous situation, such as poor lighting, or an uncomfortable situation with another person.

Definitions:

Child Abuse – Physical or emotional injury of a child by a person who is responsible for the child's welfare.

Sexual Abuse – Exploitation of a child by an older child, teen, or adult for the gratification of abusive individuals.

Education – Creates a barrier between the child and abuser.

What you should know:

1. Someone known to the victim commits 80-85% of abuse.
2. Most sexually abused children are between 8 and 11 years old.
3. Abuse of children can and does happen anywhere.
4. Education is the key in what you can do to prevent child abuse.
5. Education of adults in your program is important to prevent abuse and uncomfortable situations.
6. Traveling with teams: Children of the same age share rooms.

Girl's rooms should not be adjacent to boy's rooms.

Rooms should not have adjoining access between children or children and adults.

7. Control access to areas where children are to prevent them from encountering potentially dangerous visitors.



8. All parking lots, bathrooms, showers, and equipment areas are to be well lit.
9. Encourage the use of a “buddy system” even if an adult is present.
10. Instruct the child to tell you if a stranger approaches them.
11. Screen the league volunteers for child abusers.
12. Education of parents/guardians helps them understand the need for organizational rules, such as insisting that children are picked up on time and not left alone.
13. If abuse suspected: Do not attempt to investigate any suspicions on your own. League representatives and county administrators will respond to the allegations in a confidential manner.
14. All states have laws that offer immunity for liability for people who report suspected abuse when the report is made in good faith.
15. Proper re-enforcement for your players, such as high fives for good plays, or constructively reviewing the mistakes with proper technique is not considered child abuse.
16. Emotional abuse of children can cause severe problems such as chronic unhappiness and low self-esteem.



Athletes with Disabilities:

What are some disabilities?

1. Handicap child.
2. Hyperactive child.
3. Introverted child.
4. Emotionally disturbed child
5. Child using medications.
6. Child with speech impediment.
7. Learning disorder.
8. Short attention span.

What should a coach remember?

1. They want to play.
2. They want to learn.
3. They want to be competitive.
4. They want to be honed to the best of their ability.
5. They want to be treated as an athlete.



6. They want to be included.

What are the don't's for coaches?

1. They are not scorekeepers.
2. They are not benchwarmers.
3. They are not permanent base coaches.
4. They are not to be excluded from close games.

What should a coach do for the disabled child?

1. Teach the child
2. Make them feel included.
3. Teach them to be competitive.
4. Let them play according to league rules.
5. Ask parents about the disability.
6. Ask parents for the best approach in working with their child.

COVID-19 Safety Procedures MJNMLL Spring 2024

To ensure a safe and enjoyable Little League season for our players, volunteers and spectators, MJNMLL has developed this set of procedures and guidelines for our 2024 season to follow and state/local and CDC guidelines as they pertain to COVID-19 precautions in recreational sports settings. Our number one goal every season is to provide a safe and complete Little League experience for our players and families. We ask all families, volunteers, and spectators with MJNMLL to be a part of that experience by following these protocols. As state and local guidelines and recommendations change or restrictions are lifted MJNMLL reserves the right to amend or modify these protocols and guidelines.

COVID Mitigation Protocol/ Safety guidelines

1. MJNMLL will follow state/local and CDC guidelines as well as Little League guidance.
2. Coaches or the team parent will ask screening questions prior to practice/game to all participants and volunteers.
 - Have you knowingly been around anyone with COVID-19 in the past 14 days or been quarantined due to exposure within the past 14 days?
 - Does the player/coach have a fever or has been treated for a fever within the past 14 days?
 - Is the player/coach experiencing any of the current CDC issued signs/symptoms for COVID-19 at this time such as shortness of breath, loss of taste or smell, cough, headache or fever?

IF YES TO ANY QUESTION A PLAYER IS REQUIRED TO NOT PARTICIPATE AND SEEK GUIDANCE FROM AN APPROPRIATE MEDICAL ADVISOR.

Mount Jackson New Market Little League reserves the right to ask any individual who

- exhibits signs/symptoms of Covid 19 to leave the practice/game area.
- does not abide by current Covid 19 guidelines set forth to leave the practice/game area.

3. Players should bring their own water/beverage to practices and games and are to be kept with personal belongings and not to be shared.
4. Managers and umpires participating in plate meetings should maintain physical distancing when possible.
5. Post game handshakes are not required. At the end of a game teams may line up on the baseline and tip their hat to their opponent. The determination of hat tip or team hand shakes is at the discretion of the managers.
6. All communal areas (bathrooms, dugouts, etc.) are to be cleaned prior to any event and after any event by the coaching staff/volunteers.

Mount Jackson New Market Little League reserves the right to cancel any event it deems unsafe given current COVID 19 trends and exposures.

MJNMLL requests families inform coaching staff or safety officer ASAP if a player or immediate family member has received a positive test or is quarantined due to an exposure.

MJNMLL also reserves the right to modify these COVID-19 Safety Procedures as new guidance or restrictions are made available from the CDC and/or the Virginia Governor's Office.



